



2010 SWARTZ CREEK FROSH/SOPH CROSS COUNTRY MEET

TUESDAY, OCTOBER 26, 2009

- WHERE:** Winshall Park, Swartz Creek (1/2 mile S. West of High School)
- TIME:** 4:00 p.m. Boys (9th and 10th Graders Only)
4:30 p.m. Girls (9th and 10th Graders Only)
5:00 p.m. Open Race
Awards Immediately After Open Race
- TEAMS:** 9th and 10th Graders Only • SCORE TOP FOUR run as many as you want!
- COURSE:** 5K, fast repeat on grass

PARKING/RESTROOMS: Bathrooms and Port-a-Potty at Park
Please park at High School or legally on the street. Cars parked illegally will be ticketed.

AWARDS: Team Trophies: 1st and 2nd Places (Boys & Girls)

Individual Trophies:

1st & 2nd Place Freshmen and 1st & 2nd Place Sophomores (Boys & Girls)

Medals: Places **3-20** Freshmen / **3-20** Sophomores (Boys & Girls)

ENTRY FEE: \$45 Per Boys Team or \$10 Per Boy if less than four
\$45 Per Girls Team or \$10 Per Girl if less than four
Four Runners (or more) are considered to be a Team
Open race is free and open to all.

(Send eligibility and check payable to Swartz Creek High School)

ONLINE REGISTRATION:

This year we'll again be using a computer scoring system to score the races. Please enter your team by **Sunday, 10/24/10** (enter all 9th and 10th graders that may race) at:

<http://swartzcreekcrosscounty.org>

CONTACT INFORMATION: Allen Murphy, Meet Manager
Swartz Creek Girls Cross County
One Dragon Drive
Swartz Creek, Michigan 48473

School: (810) 591-1831 • Cell: (810) 845-7298 • Email: amurphy@swcrk.org